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# AIDS: IT'S NO JOKE



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## You Don't Have To Get It!





## YOU CAN GET AIDS FROM:

### **Sex**

- By having sex without a latex condom (rubber or jimmy hat).

### **Drugs**

- By sharing needles ("works") used to shoot drugs.
- By having sex with someone who shoots or used to shoot drugs.





# **YOU CAN PROTECT YOURSELF FROM AIDS**



Zoe Ann Perry

**Don't Use Drugs**

**Don't Share Needles**

**You Can Say No To Sex**

**If You Say Yes:  
Use Latex Condoms**

# YOU CAN PREVENT AIDS

## Sex

The surest protection against AIDS is to not have sexual intercourse.

But, if you do have sexual intercourse:

- Learn how to use a latex condom (rubber) correctly.
- Use a **New** condom **Everytime**.
- Don't let blood or sexual fluids (cum) from men or women enter your vagina, mouth or anus (butt).

## Are Any Sexual Activities Safe?

Yes. Some safe activities are touching, hugging, massage, dry kissing, and masturbation.

## What About French Kissing . . . ???

French kissing is probably safe as long as there are no sores or blood in or around the mouth.



## Drugs & Needles

- Don't use drugs.
- Try to get off drugs and into treatment. Get help by calling the drug hotline at 1-800-327-5050.
- Don't share needles or "works" for shooting drugs, steroids, tatoos or earpiercing.



## YOU SHOULD KNOW THAT . . .

### **A Person Can Have The AIDS Virus And:**

- Look and feel fine.
- Give it to you and not even know they have it.

**You Can't Tell Someone Is Infected By Looking At Them Or By Guessing.**



### **About Pregnancy . . .**

- You can give the AIDS virus to your baby during pregnancy.
- If you are thinking of getting pregnant, or are pregnant, seek health care right away.

### **You Should Also Know That . . .**

- You **Cannot** get AIDS from handshakes, hugs, insects, toilet seats, sneezes or sharing cups and forks.

**For More Information, Call:  
AIDS Information**

Massachusetts Department of Public Health  
Toll-Free AIDS Hotline  
1-800-235-2331\*

AIDS Action Committee Hotline (Boston Area)  
(617) 536-7733

HIV Testing Information  
(617) 522-4090 (Call Collect)

**Bilingual AIDS Information**

Spanish/English Hotline  
(617) 262-7248 (Boston Area)  
1-800-637-3776 (Toll-Free)

**Alcohol and Drug Abuse Hotline**

1-800-327-5050 (Toll Free)  
(617) 445-1500  
(617) 445-0071\*

**Teen Line**

(617) 424-5700  
\*TDD

**PROTECT YOURSELF  
YOU ARE WORTH IT!**

Commonwealth of Massachusetts  
Philip W. Johnston, Secretary of Human Services  
Deborah Prothrow-Stith, M.D., Commissioner of Public Health

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